

## Empowering pupils

For the classroom teacher, wellbeing and mental health challenges can be complex to manage, particularly with increased challenges with home-to-school transition post covid. These can impact the start of the school day and delay the start of teaching as the teacher addresses wellbeing before the lesson can start. Using Lumii has helped the class, particularly in transition times, such as on arrival in the morning or after break and lunch.

*"Lumii helps pupils deal with any issues quickly and easily; it helps with their emotional wellbeing and sense of belonging within the school community. It empowers pupils to take control of their mental health and equips them with valuable coping strategies to navigate challenges effectively. Lumii also helps with early intervention by identifying potential issues and providing timely support, which will enhance academic performance and social development."*

*"It's been interesting to see some of our year six pupils you would think didn't have any worries, but many of them shared with Lumii that they are worried about moving to high school. Even though we have shared information and spoken with them, for some pupils, having Lumii means that any worries that remained about high school can be explored and dealt with. Now, rather than spending the next few months dreading it, they can enjoy their remaining time with us and their summer holidays looking forward to High School, knowing that they have the tools to cope with the challenges they face. This is so important for their mental health, and it's brilliant that Lumii has helped."*

*"Lumii has had a significant positive impact on the wellbeing of pupils at Tushingham. Pupils love talking to Lumii and feel more validated, supported, and empowered to address their concerns. It has helped uncover underlying issues, manage emotions and provide timely interventions, ultimately improving pupils' self-worth and self-esteem."*

## Positive Outcomes

Lumii offers a range of benefits for both pupils and educators at Tushingham Primary School. For pupils, Lumii provides a confidential platform where they can express their concerns, seek advice, and receive personalised support, promoting their emotional wellbeing and building a sense of belonging within the school community. It empowers pupils to take control of their mental health and equips them with valuable coping strategies to navigate challenges effectively.

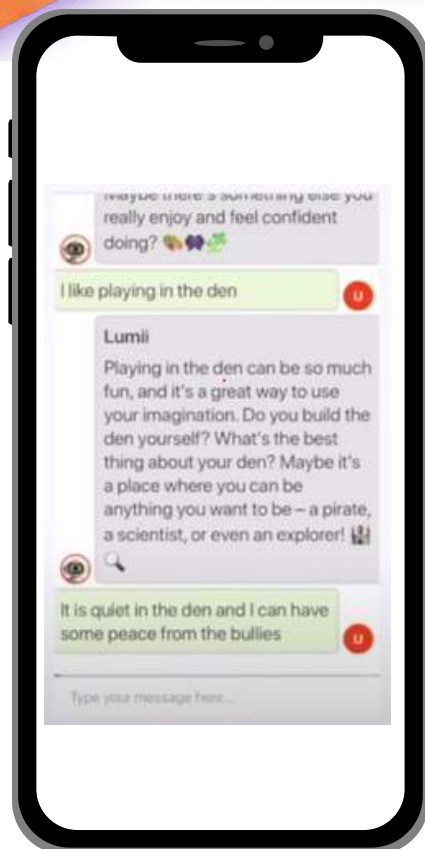
Additionally, Lumii facilitates early intervention by identifying potential issues and providing timely support, ultimately enhancing pupils' overall academic performance and social development.

Tushingham Primary School has seen a reduced demand on teacher time at transition times so lessons can begin efficiently, and pupils seem more settled and ready to learn due to Lumii's implementation. Moving forward, Tushingham aims to continue using Lumii to support pupil wellbeing.

*"We are hoping to extend our use of Lumii as it's a really valuable tool. It's easy to implement and provides an empowering way to support and develop coping strategies for pupils' mental health and wellbeing."*

**Cathy explains how Lumii helps:**

***"By using Lumii for a few minutes, pupils can discuss anything that's unsettled them, and within a few minutes, it's all sorted, and they are ready to start lessons with a clear mindset."***



## Why Lumii works

- Lumii does not provide counselling; it is an AI app that listens to a child's concerns and offers immediate low-level intervention.
- Lumii then works with the child to deliver a plan where the child will organise to go and see the school, meet with some of the teachers and ask their parents for support. Lumii will alert the school Lumii coordinator if there is a safeguarding concern.
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