

### Start the day settled

For the classroom teacher, well-being and mental health challenges can be complex to manage, particularly with increased challenges with home-to-school transition post covid. These can impact the start of the school day, often delaying the start of teaching in some cases. Using Lumii for a few minutes each morning has transformed the start of school into a wholly positive experience through Lumii.

### How Lumii helps:

Rachel explains: "Lumii has significantly impacted the pupils of Kingsley St John School. For one pupil, the transition from home to school has completely transformed quite quickly. Lumii's impact has been incredibly positive in a very short timeframe."

"For another pupil, venting during their Lumii sessions meant that the pupil was calmer and more focused during lesson time. Using Lumii means less disruption for the teacher, their class and affords more learning time.

"Lumii is really effective in promoting good models for pupil well-being. Lumii has been a transformative addition to our school community. It provides our pupils with an outlet and immediate intervention that delivers practical strategies to manage their mental health and provide a positive learning environment at their fingertips."

### Creating calmer classrooms

Implementing Lumii has resulted in calmer classrooms and improved Kingsley St John School pupil well-being. Teachers have observed a decrease in disruption to the school day as pupils settle more quickly, and there has also been an increase in pupil engagement. Moreover, pupils report feeling more resilient and better equipped to face challenges.

Rachel says, "Pupils settle quickly and are more focused and engaged with their learning since using Lumii, which will only positively impact attainment."

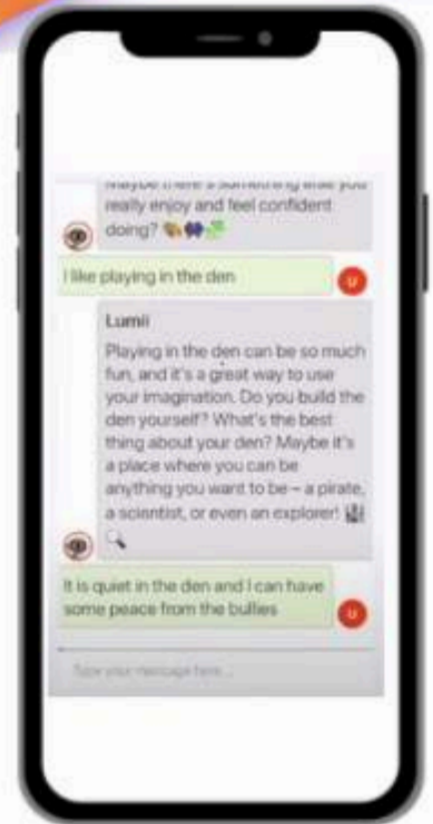
### Looking ahead

Kingsley St John School plans to extend the integration of Lumii into their regular curriculum for those pupils who need it. They aim to ensure that all pupils have access to Lumii resources if they want them and will continue to seek feedback to enhance the platform's effectiveness in supporting pupil well-being.

Rachel added, "We plan to run whole-school Lumii sessions a few times a year, as it's great to check in and monitor the mental health and well-being of all our pupils.

"Lumii has been instrumental in our efforts to prioritise pupil well-being at Kingsley St John School. It's heartening to see its positive impact on our pupils and we're excited about its potential to support their well-being and all-round development further."

*"For one pupil, the transition from home to school has completely transformed quite quickly. We went from school refusal and a teacher having to spend 45 minutes trying to settle a very anxious child to, within a few days of using Lumii, a child being excited to come into school and talk to Lumii."*



### Why Lumii Works

- Lumii does not provide counselling; it is an AI app that listens to a child's concerns and offers immediate low-level intervention
- Lumii then works with the child to deliver a plan where the child will organise to go and see the school, meet with some of the teachers and ask their parents for support.
- Lumii will alert the school Lumii coordinator if there is a safeguarding concern.